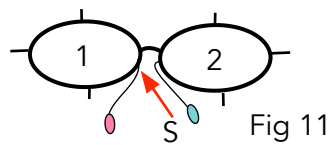


Abbreviations

R	ring	Cl	close	vsp	very small picot
RW	reverse work	S	start	CTM	continuous thread method
shuttle 1		shuttle 2			

Wind 2½ yards onto shuttle 1. Pull off another 1½ yards and wind CTM onto shuttle 2

- R1: 5 vsp 5 vsp 5 vsp 5 Cl leave 1/8" bare thread space
R2: 5 vsp 5 vsp 5 vsp 5 Cl RW



[Link to Day 10](#)