

[Click here](#)[Click here](#)[Click here](#)**Abbreviations**

R	ring	Ch	chain
Cl	close	RW	Reverse work
vsp	Very small picot	- or p	picot
Sh	shuttle	+ B	Add bead to picot before joining
SS	Switch shuttles	btwn	between
SR	Split ring	Lj	Lock join
CTM	Continuous thread method	BBB	Beads on picot
HDDCh	Half double double stitch chain	MB	Move bead on core thread

The HDDCh is simply an ordinary first half double stitch followed by a second half wrapped twice. Please see the link above. This is only needed on the plain heart and could be replaced with a longer regular chain.

Materials required. Thread of any size, beads according to thread size – on size 20 and 40 thread I would suggest size 11 seed beads.

Plain Heart.

Add 2 ½ yards to Sh1 and 1 ½ to Sh2

R1: 8 vsp 6 – 2 Cl RW

Ch: 4 vsp 4 RW

SR2: 2 + (p R1) 4 – 2 / 3 vsp 2 vsp 3 Cl RW

Ch: 4 vsp 4 RW

SR3: 2 + (p SR2) 6 + (vsp R1) / 8 Cl SS

HDDCh: 28 RW

R4: 3 + (vsp on Ch btwn SR2 & SR3) 3 Cl RW

HDDCh: 6 RW

R5: 4 (vsp SR2) 4 vsp 2 Cl RW

HDDCh: 5 RW

R6: 3 + (vsp R5) 2 vsp 3 Cl RW SS

R7: 6 – 6 Cl SS

HDDCh: 5 RW

R8: 2 + (vsp R6) 4 + (vsp SR2) 4 Cl RW

HDDCh: 6 RW

R9: 3 + (vsp on Ch btwn R1 & SR2) 3 Cl RW

HDDCh: 28 T & C to vsp R1

Beaded Heart.

Add 2 yards to Sh1 and 2 to Sh2

Add 4 beads to Sh1 and 60 beads to Sh2

R1: 8 – 2 – 4 – 2 Cl RW

Ch: 4 vsp 4 RW

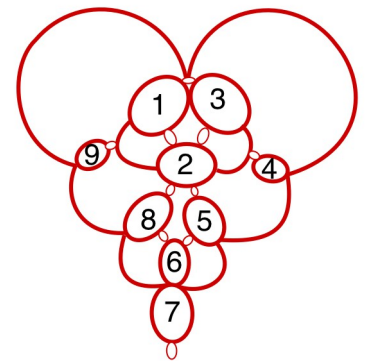
SR2: 2 + B (p R1) 4 – 2 / 3 – 2 – 3 Cl RW

Ch: 4 vsp 4 RW

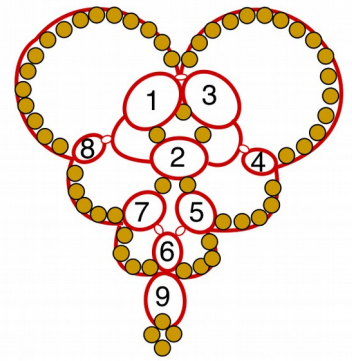
SR3: 2 + B (p SR2) 4 + B (p R1) 2 + (vsp R1) / 8 Cl SS

Ch: 1 * MB 1 repeat from * until 16 beads have been used. RW

R4: 3 + (vsp on Ch btwn SR2 & SR3) 3 Cl RW



Ch: 1 * MB 1 repeat from *until 5 beads have been used. RW
R5: 4 + B (p SR2) 4 vsp 2 CI RW
 Ch: 1 * MB 1 repeat from *until 4 beads have been used. RW
R6: 3 + (vsp R5) 2 vsp 3 CI RW SS
 3 beads at back of hand
 R7: 6 BBB MB 6 CI SS
 Ch: 1 * MB 1 repeat from *until 4 beads have been used. RW
R8: 2 + (vsp R6) 4 + B (p SR2) 4 CI RW
 Ch: 1 * MB 1 repeat from *until 5 beads have been used. RW
R9: 3 + (vsp Ch btwn SR2 & R1) 3 CI RW



Ch: 1 * MB 1 repeat from * until 16 beads have been used. T & C to vsp on R1

Double Chain Heart.

Add 2 1/2 yards to Sh1 and 3 to Sh2

Add 4 beads to Sh2.

R1: 8 - 2 - 4 - 2 CI RW

Ch: 4 vsp 4 RW

SR2: 2 + B (3rd p R1) 4 - 2 / 3 - 2 - 3 CI RW

Ch: 4 vsp 4 RW

SR3: 2 + B (p SR2) 4 + B (2nd p R1) 2 + (p R1) / 8 CI SS

Ch: 3 vsp 3 vsp 3 vsp 3 vsp 3 vsp 3 vsp 3 vsp 3 vsp 3 vsp 3 (10 vsp's) RW

R4: 3 + (vsp on Ch btwn SR2 & SR3) 3 CI RW

Ch: vsp 3 vsp 3 RW

R5: 4 + B (p SR2) 4 vsp 2 CI RW

Ch: vsp 5 RW

R6: 3 + (vsp R5) 2 vsp 3 CI RW

Ch: p 5 RW

R7: 2 + (vsp R6) 4 + B (p SR2) 4 CI RW

Ch: vsp 3 vsp 3 RW

R8: 3 + (vsp Ch btwn SR2 & R1) 3 CI RW

Ch: vsp 3 vsp 3 vsp 3 vsp 3 vsp 3 vsp 3 vsp 3 vsp 3 vsp 3 vsp 3 vsp 3 (11 vsp's) Lj (p on R1) RW SS

*Ch: vsp * 3 Lj (next vsp last Ch) repeat from * 9 times 3 Lj (vsp base R8) 3 Lj (vsp next Ch) 3 Lj (vsp base R7) 5 vsp 1 Lj (p base R6) SS*

3 beads at back of hand

R9: 1 + (vsp last Ch) 6 BBB MB 6 vsp 1 CI SS

*Ch: 1 + (vsp R10) 5 Lj (vsp base R5) 3 Lj (vsp next Ch) 3 Lj (vsp base R4) * 3 Lj (next vsp last Ch) repeat from * 9 times 3 T & C to p on R1.*

