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This motif (measuring 2¼") is worked by doing the outer two rounds first (no cutting and tying between these two rounds). The centre is worked after. Thus the name 'Inside Out Motif'.

Abbreviations

R	ring		
SR	Split ring	vsp	Very small picot
Cl	close	RW	Reverse work
SS	Switch shuttles	LCh	Lock chain (first half ds as normal, second half wrapped)
Lj	Lock join	T & C	Tie and cut

Materials required:

Size 20 thread. Add 3½ yards to Sh1 and 2½ yards to Sh2. Add 24 beads to Sh1 if required. If the motif is to be used for a larger project by joining several together then omit the beads and replace with a picot. Start with Sh1 (with beads).

Outer round – part 1.

SR1: 5 vsp 1 / 1 vsp 4 – 1 Cl

R2: 1 + (p SR1) 6 vsp 6 vsp 1 Cl

SR3: 1 + (vsp R2) 5 / 1 + (p SR1) 5 Cl

SR4: 5 vsp 1 / 5 – 1 Cl

R5: 1 + (vsp SR4) 6 vsp 6 vsp 1 Cl

SR6: 1 + (vsp R5) 5 / 1 + (p SR4) 5 Cl

SR7: 5 vsp 1 / 5 – 1 Cl

R8: 1 + (vsp SR7) 6 vsp 6 vsp 1 Cl

SR9: 1 + (vsp R8) 5 / 1 + (p SR7) 5 Cl

SR10: 5 vsp 1 / 5 – 1 Cl

R11: 1 + (vsp SR10) 6 vsp 6 vsp 1 Cl

SR12: 1 + (vsp R11) 5 / 1 + (p SR10) 5 Cl

SR13: 5 vsp 1 / 5 – 1 Cl

R14: 1 + (vsp SR13) 6 vsp 6 vsp 1 Cl

SR15: 1 + (p R14) 5 / 1 + (p SR13) 5 Cl

SR16: 5 vsp 1 / 5 – 1 Cl

R17: 1 + (vsp SR16) 6 vsp 6 vsp 1 Cl

SR18: 1 + (vsp R17) 5 / 1 + (p SR16) 5 Cl SS. Using Sh2 Lj to vsp on SR1 – do NOT C & T but continue to next round.

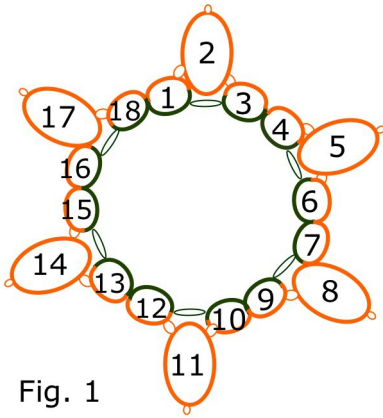


Fig. 1

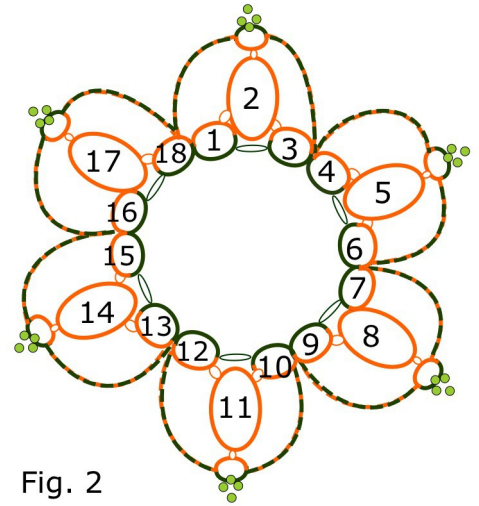


Fig. 2

Outer round – part 2.

Using Sh2 (shuttle without beads).

LCh: 8 SS

* 3 beads at back of hand. Or replace beads with picot.

SR19: 3 B B B MB 3 / 2 + (vsp R of last round) 2 Cl SS

LCh: 8 Lj (space between next two SR's) 8 SS

Repeat from * all round finishing off in the same space where the lock chain began. T & C.

To join the centre to the outer round I suggest that the centre part is held behind the outer rounds when the join is reached. Then pull the thread down through the picot. It's a bit 'fiddly' but very easy once started.

Centre – one shuttle and ball.

Sh1 – 1 yard.

R: 2 vsp 2 vsp 2 vsp 2 vsp 2 vsp 2 Cl RW

* LCh: 4 + (2 joined p's below ring on outer round) 4 Lj (next vsp R) repeat from * all round. T & C.

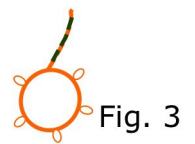


Fig. 3

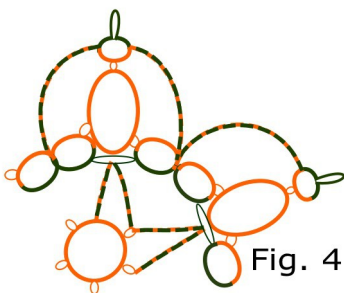


Fig. 4

Please [email me on this address](mailto:janeeborall.freesevers.com) if you have any questions.