



To start day 1 wind 4 yards onto shuttle 1. Pull off another 3 ½ yards and add to Sh2 (CTM).

More thread will be required later.

**Abbreviations**

R	ring	SR	split ring	Cl	close	vsp	very small picot
	shuttle 1		shuttle 2	S	start	-	picot
+	join	CTM	continuous thread method.				

Picots (-) in R1 measure 1/4"

R1: 7 - 2 - 2 vsp 2 Cl

SR2: 2 + (vsp R1) 3 vsp 1 / 5 vsp 1 Cl

