

Abbreviations

R	ring	Cl	close	vsp	very small picot		
RW	reverse work	DNRW	do not reverse work	SS	switch shuttles	CWj	Catherine wheel join
- or p	picot	Ch	chain	Lj	lock join		

Note – for those who prefer front side/back side tating the text in *italics* and *red* indicates where the worker needs to use the second half of the ds first.

Catherine Wheel join (can be replaced with a lock join),
Using Sh1
Picots (-) in R13 measure 1/4”

Ch: *vsp 5 vsp 5 vsp 5 vsp 5 vsp 5 RW*

R13: 6 - 2 - 2 - 6 Cl DNRW SS

Ch: 5 CWj (vsp last Ch) 5 CWj (vsp last Ch) 5 CWj (vsp last Ch) 5 CWj (vsp last Ch) 5 Lj (vsp base R12)
8 RW

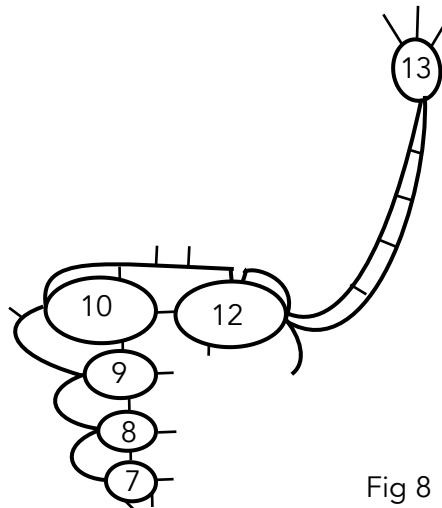


Fig 8

[Link to Day 7](#)